



Sweet Adelines Australia  
**August Education Event 2023**

**Performance** Magic!  
*Preparation ... Passion ... Polish*



**LoveNotes**

Coming to Sydney, Australia  
18–20 August 2023

*LoveNotes Quartet*

Southern Cross College Burwood  
7pm Friday 18 August - 5pm Sunday 20 August

**Save The Date!**

# Program Schedule



## FRIDAY 18 AUG

7:00 PM	KEYNOTE
8:30 PM	SOCIAL

## SATURDAY 19 AUG

8:30 AM	ARRIVE AND REGISTRATION	
9:00 AM	REHEARSAL TECHNIQUES	
10:00 AM		
10:30 AM	MORNING TEA	
11:00 AM	PERFORMANCE ANXIETY	PERFORMING THE WHOLE PACKAGE
12:00 PM	LUNCH	
1:00 PM	MASTER PART CLASS	
2:00 PM		
3:00 PM	AFTERNOON TEA	
3:30 PM	COACHING UNDER GLASS - PVIS	BUILDING A PERFORMANCE PACKAGE
5:00 PM	FINISH	
7:00 PM	SHOW	

18 August - 20 August 2023



## SUNDAY 20 AUG

9:00 AM	VOCAL HEALTH PHYSIOLOGY	
10:30 AM	MORNING TEA	
11:00 AM	BBS STYLE	
12:00 PM	FINISH CLASSES/ LUNCH	
1:30 PM	COACHING UNDER GLASS- QUARTETS	COACHING UNDER GLASS- QUARTETS
3:00 PM	AFTERNOON TEA	
3:30 PM	COACHING UNDER GLASS- QUARTETS	COACHING UNDER GLASS- QUARTETS
5:00 PM	FINISH	



## *Rehearsal Techniques*

From warm-ups to ways to cope with long-distance rehearsals, we cover some important ground in this class! Discover some tricks to matching sync, resonance, and vowels from the beginning of rehearsal, as well as what to watch out for. Learn new techniques to help both the unit sound and your individual instrument, and discover some solutions for rehearsing when your quartet (or coach) can't all meet in the same place.

## *Vocal health*

Our class on vocal health discusses the many ways in which to keep the vocal mechanism healthy! This class covers the anatomy and physiology involved in vocal production including learning how to execute proper respiration, phonation, resonance, and articulation. We will touch on healing exercises, things to avoid to keep the voice healthy, vocally abusive behaviors, as well as helpful secrets we have found in our own personal lives.





## *Performing the Whole Package*

What makes a quartet or chorus performance captivating? Masterful singing is a good start, but there are a multitude of non-singing elements that need to be mastered in order to engage and impact your audience. In this class we take a closer look at performance elements from the walk-on to developing an authentic visual plan. We will also cover rehearsal techniques you can put into practice so that every time you sing you have maximum emotional impact!

## *Performance Anxiety—It's Natural*

If you struggle with performance anxiety, this class is for you! We will break down what performance anxiety does to your body and why and discuss what you can do to break the cycle of stage fright.



## *Master Part Classes*

Want to learn to be the best tenor/lead/baritone/bass you can be? Come to this class to learn the ins and outs of your voice part.

## *Building a Performance Package*

Coming up with a package for a show or contest can be difficult, and it's important to know how to build on your group's strengths. Come join us in this class to learn about tools that make building a performance package easier and more fun!

## *Barbershop Style*

Whether you are brand new to barbershop or a seasoned pro, join us for this class where we break down the defining characteristics of the Barbershop style. We will demonstrate barbershop's stylistic elements, how they compare to other styles of ensemble vocal music, and ultimately illustrate how these elements are essential in order to create the "ringy" barbershop sound we love!

## *Coaching Under Glass – PVIs and Quartets*