

## Jen Howson (She/Her)

### Music Director, Vocaescence

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*I'm your friendly neighbourhood singing and performance mentor and coach/Artistic and Music Director/Quartet singer/MC Extraordinaire/Barbershop tragic/Teller of tales.*

<p><b>Links</b></p>	<p><a href="#">Facebook - Jen Howson</a></p> <p><a href="#">Facebook - Dream Big Creations</a></p> <p><a href="#">LinkedIn - Jen Howson</a></p> <p><a href="#">Vocaescence Chorus</a></p> <p><a href="#">Facebook - Vocaescence Chorus</a></p> <p><a href="#">LinkedIn - Vocaescence Chorus</a></p>
<p><b>Skills &amp; Qualifications</b></p>	<ul style="list-style-type: none"> <li>• Singing Teacher and Coach</li> <li>• Performance Coach</li> <li>• Artistic Director - Vocaescence Chorus, SAI/BHA</li> <li>• Music Director - Vocaescence Chorus, SAI/BHA</li> <li>• Performance Judge - Australasian Guild of Barbershop Judges (AUS/NZ)</li> <li>• Regional Education Faculty - Sweet Adelines International Region 34</li> <li>• National Education Faculty - Barbershop Harmony Australia</li> <li>• MC Educator and Coach - Barbershop Harmony Australia</li> <li>• Leadership Mentor and Coach</li> <li>• Show Writer</li> <li>• Show Producer</li> <li>• Choreographer</li> <li>• Lyricist</li> </ul>
<p><b>Sweet Adelines Biography</b></p>	<ul style="list-style-type: none"> <li>• Sweet Adeline Lifetime Member</li> <li>• Active Sweet Adeline - 25 years (March 2023)</li> <li>• International Chorus Medallist: Skyline Chorus, Region 8 - 6th (2002), 4th (2004), 2nd (2006) &amp; 4th (2008)</li> <li>• International Quartet Competitor: Obsession Quartet, Region 34 - 2019</li> <li>• Regional Chorus Medallist: Harborlites Chorus (Region 21), Skyline Chorus (Region 8), Vocaescence Chorus (Region 34)</li> </ul>

	<ul style="list-style-type: none"> <li>• Regional Quartet Medallist: ALL REGION 34: Pandemonium (Bass - 5th - 2011), Bewitched (Lead - 3rd - 2013/4th - 2014), Obsession (Bass - 4th - 2018/3rd - 2019 - Wildcard International 2019), Side Hustle (Lead - 5th - 2022)</li> <li>• Region Education Faculty - Region 34: 2010 - 2020 &amp; 2023</li> </ul>
<p><b>Professional Biography</b></p>	<ul style="list-style-type: none"> <li>• I am a singing, performance and leadership mentor and coach by profession</li> <li>• I work with             <ul style="list-style-type: none"> <li>– Singers of all ages and experience</li> <li>– Dancers of all ages and experience</li> <li>– Choruses</li> <li>– Quartets</li> <li>– Public Speakers - Including MC's for both SAI and BHA</li> <li>– Leaders in businesses, organisations and educational establishments</li> <li>– Show teams on everything involved in writing and producing shows</li> <li>– Directors, arrangers and music teams on writing lyrics for parodies</li> <li>– Organisations, including BHA in the training, development and improvement of their approved MCs</li> <li>– Visual teams on creating, teaching and coaching visual plans, packages, and character development and strategies</li> </ul> </li> <li>• I Create Team Building exercises for leadership teams</li> <li>• I am a contractor for an investment company</li> </ul>
<p><b>What can I bring to your chorus, quartet and singers?</b></p>	<p><b>Singers, Quartets and Choruses:</b> I work with singers, quartets and choruses to help them find their best voice (vocal production), connect their voice to their body (vocal and visual connection), and guide each singer on how to bring out their full potential through singing and performing (Music meets Sound meets Expression meets Visual Communication).</p> <p>I also coach performers individually or in any size ensembles (and at every level) on tapping into ways to unlock their voice and hearts to allow for a truly vulnerable, real and beautiful performance.</p> <p><b>Directing Teams:</b> I work with directors and their teams on upskilling their overall directing skills, help find opportunities for them to be more involved in the performance and help them gain a better understanding of the music through Expression and Visual Communication categories - what part they play, how to get more points here and how to look at the music they direct from all categories.</p>

**Visual Teams:**

I help build, mentor and coach visual teams in all things performance. Starting with how performance and vocal production are meant to compliment not complicate, we will work through the best way to enhance a musical performance with the right kind of visual plans. I will also help mentor the teaching process for plans created and educate on how to navigate obstacles we run into as plans are created, taught, learned and coached.

Working on building character within a song or package is one of my absolute favourite things to do and teach to visual teams. Such fun!

**Leadership Teams:**

I work with training and developing leadership teams. Help create processes to eliminate avoidable challenges. Coach how to deal with difficult situations and how to have difficult conversations.

**Classes and Workshops:**

I teach a number of classes and workshops on most topics relating to singing and performing and can create any custom class needed for any event.

**Testimonials  
& Referees**

*Wow! Just had a fabulous coaching session with Jen Howson.... "why haven't we done this before, Jen?" So much great information, and so much fun...thanks a million - Misdirection Quartet - Redlands Rhapsody Chorus (SAI Region 34)*

*Coaching weekend!! We are so happy to have a full coaching weekend with Jen. We worked hard and played hard. - Joyce Liang, Director - Melbourne Chorus (SAI Region 34)*

*Thank you, Jen, for your wonderful coaching. We learned so much from you. Your approach to us as individuals in our PVIs was very insightful. You treated us with great love and respect, and we really felt that we were in a safe environment when we sang individually. What you did for our chorus was to give us permission to believe that we could be great. That was a gift. We are looking forward to having you come coach us again. Thank you again for your expertise and care!  
Pam Foley, Director - Canberra Harmony Chorus (BHA)*